SATURN 2013: An Emerging Set of Integrated Architecture and Agile Practices that Speed Up Delivery

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Presentation Overview

In this presentation, we will cover the following:

• An overview of findings from a series of interviews with eight project teams using rapid, incremental development methods (Study 1)
• A brief overview of an elaboration of an integrated practice, Prototyping with Quality Attribute Focus (Study 2)
• Summary of key takeaways from both studies and brief discussion of future work
Study 1: A Summary of Integrated Practices
(Findings based on A Study of Enabling Factors for Rapid Fielding)[1]

Study 1; Driving Question

Driving Question

• Agile projects are showing greater promise in rapid fielding, but what really constitutes and contributes to success?
  • Is it Agile management or technical practices (e.g., Scrum, XP, etc)?
  • It is “lightweight” architecture practices?
  • Or is it something else?

Research Approach:
Qualitative study (interviews with 8 projects)

Output:
Set of enabling and inhibiting factors for rapid development
Study 1; Organization profile

Conducted eight interviews with government and commercial project teams working on iterative incremental development project.

<table>
<thead>
<tr>
<th>Project ID</th>
<th>Time in Production</th>
<th>Release Management Approach</th>
<th>Type</th>
<th>Product Size</th>
<th>Team Size</th>
<th>Sprint length / Prod Release Cycle</th>
</tr>
</thead>
<tbody>
<tr>
<td>A-P1</td>
<td>Pre-release</td>
<td>Scrum</td>
<td>Case management system</td>
<td>&lt;10M SLOC</td>
<td>10-20</td>
<td>2 weeks / TBD</td>
</tr>
<tr>
<td>B-P1</td>
<td>12 years</td>
<td>Scrum</td>
<td>Analysis support system</td>
<td>&lt;10M SLOC</td>
<td>10-20</td>
<td>2 weeks / 6 months – 1 year</td>
</tr>
<tr>
<td>C-P1</td>
<td>3 years</td>
<td>Scrum</td>
<td>Training simulator</td>
<td>1-10M SLOC</td>
<td>&gt;30</td>
<td>4–6 weeks / 2–6 months</td>
</tr>
<tr>
<td>D-P1</td>
<td>Pre-release</td>
<td>Scrum</td>
<td>Enterprise information sharing portal</td>
<td>TBD</td>
<td>&gt;30</td>
<td>2 weeks / TBD</td>
</tr>
<tr>
<td>E-P1</td>
<td>12 years</td>
<td>Scrum</td>
<td>Doc management system</td>
<td>10-20M SLOC</td>
<td>9</td>
<td>2 weeks / 1–3 months</td>
</tr>
<tr>
<td>E-P2</td>
<td>14 years</td>
<td>Incremental (prior to Scrum)</td>
<td>SQLWindows tool</td>
<td>&lt;10M SLOC</td>
<td>10-15</td>
<td>N/A / 1 year</td>
</tr>
<tr>
<td>E-P3</td>
<td>8 years</td>
<td>Incremental (prior to Scrum)</td>
<td>Hardware controller</td>
<td>&lt;10M SLOC</td>
<td>5</td>
<td>2 weeks / 2 months</td>
</tr>
<tr>
<td>E-P4</td>
<td>1.5 years</td>
<td>Scrum</td>
<td>Customization project of a packaged software system</td>
<td>10-20M SLOC</td>
<td>6</td>
<td>2 weeks / 3 months</td>
</tr>
</tbody>
</table>
When things were going well, we found teams applied foundational Agile practices

- Ho, hum, not very interesting; the usual Agile practices…

## SUMMARY OF ENABLING PRACTICES

- Vision document roadmap
- Scrum collaborative mgmt style
- Prototype/demo
- Scrum status meeting
- Test-driven development
- Small dedicated team
- Incremental release cycle
- End user involvement
- Continuous integration
- …
Study 1; Another Emerging Set of Practices

But wait!

We found another set of practices when people talked about incidents when things were not going so well (and among more experienced teams)…
Study 1; Desired State

Observed projects trying to stay within bounds of Desired State (mostly in preservation phase)

Study 1; Integrated Practices outside Bounds of Desired State

When practitioners encountered a problem they would often integrate an Agile or Scrum practice with an architectural practice

*See paper for full list

<table>
<thead>
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<th>SUMMARY OF INTEGRATED PRACTICES*</th>
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<tr>
<td>• Release planning with architecture considerations</td>
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<tr>
<td>• Prototyping with quality attribute focus</td>
</tr>
<tr>
<td>• Release planning with joint prioritization</td>
</tr>
<tr>
<td>• Test-driven development with quality attribute focus</td>
</tr>
<tr>
<td>• Roadmap/vision with external dependency management</td>
</tr>
<tr>
<td>• Dedicated team/specialized expertise for tech insertion</td>
</tr>
<tr>
<td>...</td>
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</table>
Study 1; Inhibiting Factors-1

We also found eighteen “Inhibitors”
- Range of technical and management/governance issues

<table>
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<td>• Desire for features limits requirements analysis or stability-related work</td>
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<tr>
<td>• Slow business decision, feedback or review response time</td>
</tr>
<tr>
<td>• Problems due to challenges with external dependency management</td>
</tr>
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<td>• Stability-related effort not entirely visible to business</td>
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<tr>
<td>• Limitations in measuring architectural technical debt</td>
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<tr>
<td>• Inadequate analysis, design or proof-of-concept</td>
</tr>
<tr>
<td>• …</td>
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</table>
### Summary of Inhibitors

- Desire for features limits requirements analysis or stability-related work
- Slow business decision, feedback or review response time
- Stability-related effort not entirely visible to business
- Limitations in measuring architectural technical debt
- Inadequate analysis, design or proof-of-concept
- Inconsistent testing practices and/or deficiency in quality attribute focus
- Poor testing consistency

### Summary of Integrated Practices

- Release planning with architecture considerations
- Technical debt monitoring with quality attribute focus
- Dedicated team/specialized expertise for tech insertion
- Test-driven development with quality attribute focus
- Dynamic organization and work assignment

### Exploratory Question:

Some integrated practices that came from teams with more years of experience together. Would those practices have helped with these problems?
Study 1; Takeaways

Let’s talk about the findings from Study 2 then circle back to talk discuss takeaways from both studies together…
Study 2: Elaboration “Prototyping with Quality Attribute (QA) Focus” Practice
(Findings from an Integrated Practice Analysis Study)[3]

## Study 2; Team A and B Quick Profile Overview

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<tr>
<td>Team B</td>
<td>12 years</td>
<td>Scrum</td>
<td>Analysis support system</td>
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Significantly different levels of experience together as a team
Study 2; Overview

Team B had more experience together so they served as our “exemplar practice”. We collected several findings by analyzing their practice:

- A set of prototyping guidelines they used
- Requirements and Architecture integration weaving points (weaves the practice into Scrum lifecycle)
- Enablers for rapid and confident prototyping (e.g., rapid-tradeoff analysis and flexible architecture)
Study 2; What we found-1

First, we captured ten prototyping guidelines from Team B

- Many of they are consistent with Agile spiking practices

Not that new or exciting...

<table>
<thead>
<tr>
<th></th>
<th>Summary of Team B Prototyping Practice Guidelines</th>
</tr>
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<tbody>
<tr>
<td>1</td>
<td>Prototyping should be done at least a full sprint cycle before targeted feature development…</td>
</tr>
<tr>
<td>2</td>
<td>Prototyping work should not be done in the same branch…*</td>
</tr>
<tr>
<td>5</td>
<td>…the product owner can stop prototype work at any time or trade off a current prototyping effort…</td>
</tr>
<tr>
<td>6</td>
<td>To the extent feasible, prototyping should be done in an environment technically…</td>
</tr>
<tr>
<td>7</td>
<td>Prototyped features are usually demonstrated at the weekly user demo feedback sessions …</td>
</tr>
<tr>
<td>8</td>
<td>Minimalistic prototyping is encouraged…</td>
</tr>
</tbody>
</table>

*Some rows intentionally skipped due to size constraints
Study 2; Integration Points

Weaving of Integration Points

- Release planning
- User demo
- Post-user demo meeting
Study 2; Why does this matter?

Past Approach

Weaving Approach

Instead of requirements and architecture practices that sit outside of the lifecycle (like waterfall), Team B’s prototyping practice is woven in the Scrum lifecycle
Study 2; Other Prototyping Enablers

Continuing from previous architecture integration elaboration spiral...

Team develops prototype and walks user through the prototype concept demonstration

The team holds a post-demo meeting to discuss feedback; provides architecture trade options

Feedback is gathered from users

The user and product owner review options and approve changes

Team makes architectural changes and walks user through another demonstration

...
Summary of Takeaways-1 (Study 1)

- We see evidence that software engineers don’t necessarily apply pure Agile or architecture practices separately
  - We identified a set of integrated practices used by projects to stay within (or get back to) an acceptable range of desired state

- We also identified several inhibitors that pose great challenge to Agile projects

**Key Takeaway:** The work from these studies supports the stance that practice extensions, such as extensions to Scrum, are needed and anticipated in iterative and incremental development [4]

Summary of Takeaways-2 (Study 2)

• We elaborated one integrated practice, “Prototyping with Quality Attribute Focus”

• We described several factors for Team B’s prototyping success such as:
  • A set of prototyping guidelines
  • Requirements and Architecture weaving integration points
  • Rapid-tradeoff analysis
  • Flexible architecture

• We observed the practice operates at multiple levels

Key Takeaway: Discovered weaving of architecture and requirements allows for integration of architecture practices into the Scrum lifecycle instead of conducting these activities as separate, stand-alone activities
Future work

Areas of interest for future work:

• We would like to explore several more of the integrated practices looking for patterns or generalizable findings
• We would like to try applying the findings in the prototyping practices to another project to validate findings
• Currently working on studying architecture-related measures on Scrum projects (contact me if you are interested in that work)
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